|  |  |
| --- | --- |
| **Pre –appointment** | * Country of Birth
* Migration history (others countries lived in)
* Reason for migration (Work/Study/Family/Asylum/Refugee)
* Date of arrival in the UK
* Language and dialect spoken - is an interpreter required? Is the interpreter acceptable to the patient?
* Cultural sensitivity eg. female GP or chaperone required
* Disability [**Disability**](https://www.gov.uk/guidance/assessing-new-patients-from-overseas-migrant-health-guide#migrants-with-disabilities)
 |
| **Routine New Patient Health Check** | * Past Medical History
* Medication
* Allergies
* Family History
* Social History
* Height and Weight
* Urine – diabetes and kidney function
* Blood pressure
* Lifestyle - Alcohol/Smoking/Physical Activity
* Full Vaccination History – check [**vaccination of individuals with incomplete immunisation status**](https://www.gov.uk/government/publications/vaccination-of-individuals-with-uncertain-or-incomplete-immunisation-status)
 |
| **Review Country Specific Health Issues** | * PHE Migrant Health [**Country Specific**](https://www.gov.uk/government/collections/migrant-health-guide-countries-a-to-z) Guide [**Ukraine specific**](https://www.gov.uk/guidance/ukraine-migrant-health-guide)
* Risk of [**Communicable Diseases**](https://www.gov.uk/government/collections/communicable-diseases-migrant-health-guide)
* Nutritional or Metabolic considerations
* Ethnicity and increased risk of health problems
 |
| **General Health** | * [**Dental Health**](https://www.gov.uk/guidance/dental-health-migrant-health-guide)
* Vision and Hearing (including child screening)
* Explain [**NHS Health screening programmes**](https://www.gov.uk/guidance/nhs-screening-programmes-information-for-gps-and-practice-staff)  (Cervical/ Breast/Bowel/Diabetic Eye Screening/Abdominal Aortic Aneurysm) when appropriate
* Be alert to signs of neglect or physical and sexual abuse and exploitation in adults and children [**Vulnerable migrants**](https://www.gov.uk/guidance/vulnerable-migrants-migrant-health-guide)
 |
| **Sexual Health** | * Sexual Health history
* [**Sexually Transmitted Infections**](https://www.gov.uk/guidance/sexually-transmitted-infections-stis-migrant-health-guide)
* [**FGM**](https://www.gov.uk/guidance/female-genital-mutilation-fgm-migrant-health-guide)
* Contraception needs
* [**Women's health**](https://www.gov.uk/guidance/womens-health-migrant-health-guide)
* question’s in this area require care and sensitivity
 |
| **Mental health** | * Mental wellbeing needs and assessment
* Be aware of PTSD, depression, anxiety and underlying mental health disorders, trauma [**Trauma informed practice**](https://www.gov.uk/guidance/assessing-new-patients-from-overseas-migrant-health-guide#trauma-informed-practice)
 |
| **Orientation** | * Explain how to access healthcare and services

[**(NHS111, GP, Urgent Care, Pharmacy, A+E)**](http://www.nhs.uk/NHSEngland/AboutNHSservices/Pages/NHSservices.aspx)* Referral to health and third sector services
 |
| **Resources** | * [**Migrant health guide resources**](https://www.gov.uk/guidance/assessing-new-patients-from-overseas-migrant-health-guide#resources)
 |

The UKHSA Migrant health guide has a comprehensive suite of information and tools to assist primary care practitioners. This checklist can be used to link into the relevant section of the migrant health guide whilst an assessment is being carried out.